

# Indian Knowledge System and Mental Health Applications

Call for Ph.D. -Regular & part-time (Online Spot Round, January-July Semester, 2024)

IIT Mandi invites applications from bright and dedicated young scholars interested in joining the full-time Ph.D. (Regular & Part-time) program in the Indian Knowledge System and Mental Health Applications Centre (IKSMHA Centre) at IIT Mandi. For this purpose, the IKSMHA Centre seeks applications for the Ph.D. (Regular & Part-time) programs in the following areas:

Discipline	Broad Research Area	<b>Driving Research questions</b>
Indian Knowledge System	Integrative study of body, mind, and consciousness	<ul> <li>Laws of semantics and Foundations of Psychology</li> <li>What are the cognitive biomarkers of consciousness?</li> <li>How to measure and improve states of epistemic curiosity (or lack of cognitive inertia)?</li> <li>What are the cognitive biomarkers of creativity and the effect of IKS interventions?</li> <li>What is the connection between consciousness and sleep states?</li> <li>How to investigate dreams and the contents of dreams?</li> <li>How to evaluate the level of sleep and enhance sleep and dream quality?</li> <li>How does physiological data relate to common yoga practices?</li> <li>What are the relations between neural, physiological, and molecular signatures, and how are they affected by IKS-based interventions?</li> <li>Use of neurofeedback and biofeedback mechanisms to improve meditation and yoga practices</li> </ul>
	Scientific characterization of brain network with the intervention of Yoga and Meditation	
	Learning Mind-brain paradigm from Ayurveda	
	Mind-brain paradigm in Bhagavata Samkhya	
	Traditional Indian Medicine Research for mental wellbeing	
	Indian Performing Arts and Cognition	
Cognitive Science	Cognitive Neuroscience	
	Cognitive Psychology	
	Cognitive Technology and Bio/Neurofeedback	
	Judgment and Decision Making	



	Mental Health	<ul> <li>How does one assess the importance of intention and goodness from the perspective of cognitive biomarkers?</li> <li>Could computer vision and VR applications improve yogasana practices?</li> <li>Could Mantra chanting and tDCS in Virtual Reality (VR)</li> </ul>
Virtual Reality and Sensors	Virtual Reality Applications	improve mental conditions?
	Bio/Neuro/Physiological Sensing	Can this improvement be predicted via machine learning methods?  - What is the relationship of Prakriti on the effectiveness of meditation therapies for psychological and lifestyle disorders?  - Could machine learning predict a person's Prakriti?  - Could Indian music and dance therapies help improve clinical cases of mental and lifestyle disorders?  - How do we personalize music and dance therapies (e.g., based on the Prakriti of the subject or other factors)?  - How can IKS interventions aid in the cases of deaddiction?  - How to develop translational
		technology based on IKS interventions for clinical and home-based setups?



Mental Health Applications	Depression, Stress and cognitive loading, Sleep Disorder, Autism, Alzheimer, Parkinson	

## Google Form Link to the online application<sup>1,2</sup>: https://forms.gle/K43T9Wb1fyWQXf2E6

It is kindly advised to get in touch with faculty members directly for further information regarding the different research areas and positions available with them listed on regarding the different research areas and positions available with them listed on <a href="https://iksmha.iitmandi.ac.in/research.php">https://iksmha.iitmandi.ac.in/research.php</a>

#### **General Information**

Information on eligibility, minimum qualifications, and scholarship rules are briefly provided on the following links:

#### Ph.D. Ordinance and Regulations (O&R) IIT Mandi:

https://www.iitmandi.ac.in/pdf/ordinances//Ordinances Ph.D.pdf

#### For Ph.D. applicants (Full-Time Research Scholars):

#### A. General eligibility criteria for Ph.D. Admission:

#### **Qualifying Degree:**

- 1. Master's or equivalent degree in Engineering/Technology, OR
- 2. Bachelor's degree in Engineering/Technology or equivalent\*, OR
- 3. Master's or equivalent degree in Science/Arts/Commerce/Management (or allied subjects) \*

### \*For qualifying degree listed under (2) & (3) candidates must also fulfill ONE of the following additional requirements:

1. Qualified GATE / NET including lectureship (Assistant Professorship) or any other equivalent



- National level examination.
- 2. Selected through a National level examination conducted by MoE or its agencies /Institutions such as UGC/ IIT/ IISc. / IISER/ IIIT etc.
- 3. Minimum of TWO years of professional experience (acquired after obtaining the qualifying degree and completed before the starting of the semester in which admission is sought)

#### \*Exemptions from mandatory requirements of valid GATE or National Level examination:

- 1. B.Tech/B.E./B.S. (or equivalent) degree from CFTI (Centrally Funded Technical Institute)/ any of the top 100 institutes according to NIRF ranking (overall category) at the time of application/ any Himachal Pradesh Govt. institution or universities with CGPA/CPI of at least 7.5 (on a scale of 10) or equivalent
- 2. BS-MS/M.Sc/MA/MBA/equivalent from IITs, IISERs, IISc, IIMs or any of the top 100 institutes according to NIRF ranking (overall category) at the time of application with a CGPA/CPI of at least 7.5 (on a scale of 10) or equivalent.
- 3. NIRF Ranking (within the top 100) should be in the overall category granted for the year during which admission is sought.
- **B. Financial Support:** Students joining the Ph.D. program may be considered for the HTRA Fellowship (subjected to availability of funds) based on the above admission norms if recommended by the selection committee.

\*For complete details regarding eligibility, kindly refer to the Ordinance and Regulations (O&R) available at the IIT Mandi webpage.

**Note:** Industrial or Academic Institute Sponsored or Part-time Ph.D. candidates are not eligible for MHRD/HTRA scholarships.

Employed candidates seeking admission to Ph.D. (Regular & Part-time) must submit a "**No Objection Certificate**" from their current employer at the time of the interview.

For any problems regarding filling up on online applications, please contact <a href="mailto:iksmha-office@iitmandi.ac.in">iksmha-office@iitmandi.ac.in</a>

For any other queries regarding Ph.D.- regular & part-time programs in IKSMHA, please contact the IKSMHA office through email: <a href="mailto:iksmha-office@iitmandi.ac.in">iksmha-office@iitmandi.ac.in</a> We look forward to reviewing your application.



#### **Important dates:**

Start of online application: 22nd January 2024

Deadline for online application: 29th January 2024

Date of Interviews: Will be announced shortly after the application deadline to shortlisted candidates. Those who do not appear for their interview on the announced date will not be considered further for admission.

### Note: IIT Mandi reserves the right to recruit/ not recruit for any of the advertised areas and apply appropriate criteria for shortlisting candidates.

- 1. Please carefully check your eligibility criteria, which fits your application, and make sure you get all the relevant documentation related to the same.
- 2. Upload self-attested documents as a single zip file (Proof of identity (Aadhar card/voter card/PAN card/any other), Class 10 certificate as proof of date of birth, Mark sheets of UG and PG degrees (rank certificate, if any), Qualifying certificate of the GATE/CSIR/UGC/other examination, Caste Certificate.)
- 3.. To apply for other specific areas not listed above, kindly fill in "Others" in the specific area section after selecting the Broad Research Area on the OAS portal.
- 4. Applicant should submit fee on SBI collect portal of the IIT Mandi and submit generated transaction number to the OAS admission application portal. One application fee is valid for a single application. The application fee is non-refundable.